

































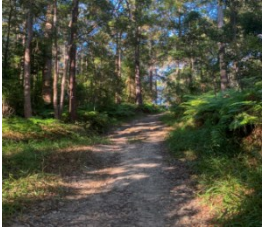
















<div>May 2025</div>						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1	2	3	4
	<div>10am Hit room class </div> <div>11:30am Bowling at Strike. Get your support person to confirm on Tommy. </div>	<div>10am Nature Walk: Buderim Forest Waterfall Walk. Ask your support person to check on Tommy for more details. </div>	<div>10:15am Hit Room Class </div> <div>11:30am Maroochy waters mini golf. Get your support person to confirm on Tommy. </div>	<div>Lawn Bowls 10.30am \$5.00 Mooloolaba Get your support person to confirm on Tommy for you. </div>	 <div>Don't forget to VOTE today!! Ask your Support person to help you find your closest voting centre.</div>	<div>Fisherman Markets. 6am – 12pm Browse through dozens of stalls of fresh fruit, preloved clothes and food. </div>
5	6	7	8	9	10	11
	<div>10am Hit room class </div> <div>11:30am Bowling at Strike. Get your support person to confirm on Tommy. </div>	<div>10am Nature Walk: La Balsa. Ask your support person to check on Tommy for more details. </div>	<div>10:15am Hit Room Class </div> <div>11:30am Maroochy waters mini golf. Get your support person to confirm on Tommy. </div>	<div>Lawn Bowls 10.30am \$5.00 Mooloolaba Get your support person to confirm on Tommy for you. </div>	<div>7am Birtinya Island Meeting spot: Southbank Parkway. FREE. Ask your support worker to help you register following the link </div>	<div>Maleny Sunday Markets. Located at Maleny RSL Hall. Brose through local produce, arts and craft and food! </div>
12	13	14	15	16	17	18
<div>Great Botanic Clue Hunt. FREE Any day of the week. Come into the office and we can print out the hunt map </div>	<div>10am Hit room class </div> <div>11:30am Bowling at Strike. Get your support person to confirm on Tommy. </div>	<div>10am Nature Walk: Currimundi Lake Ask your support person to check on Tommy for more details. </div>	<div>10:15am Hit room class </div> <div>11:30am Maroochy waters mini golf. Get your support person to confirm on Tommy. </div>	<div>Lawn Bowls 10.30am \$5.00 Mooloolaba Get your support person to confirm on Tommy for you. </div>	<div>SC Falcons at Sunshine Coast Stadium Play the Tweed Seagulls. Get your support person to book </div>	<div>FREE MOVIE Sunshine Coast Libraries and Qld Blue Light invite you to a series of free movie screenings at Beerwah Community Hall. </div>
19	20	21	22	23	24	25
<div>Why not try Big Kart Track \$ Entry fee. Treat yourself. Get your support person to book </div>	<div>10am Hit room class </div> <div>11:30am Bowling at Strike. Get your support person to confirm on Tommy. </div>	<div>10am Nature Walk: Nambour Parklands. Ask your support person to check on Tommy for more details. </div>	<div>10:15am Hit room class </div> <div>11:30am Maroochy waters mini golf. Get your support person to confirm on Tommy. </div>	<div>Lawn Bowls 10.30am \$5.00 Mooloolaba Get your support person to confirm on Tommy for you  11am BBQ & Lawn Games @ Cotton Tree Park. Ask your support person to check on Tommy.</div>	<div>7am Nambour Park Run. Meeting spot: Nambour Parklands. FREE. Ask your support worker to help you register following the link! </div>	<div>Great Botanic Clue Hunt. FREE Any day of the week. Come into the office and we can print out the hunt map </div>
26	27	28	29	30	31	
<div>Art exhibition. FREE Caloundra Regional Gallery. Get your support person to find out opening times. </div>	<div>10am Hit room class </div> <div>11:30am Bowling at Strike. Get your support person to confirm on Tommy. </div>	<div>10am Nature Walk: Kawana Lake, ask your support person to check on Tommy for more details. </div>	<div>10:15am Hit room class </div> <div>11:30am Maroochy waters mini golf. Get your support person to confirm on Tommy. </div>	<div>Lawn Bowls 10.30am \$5.00 Mooloolaba Get your support person to confirm on Tommy for you. </div>	<div>Cotton Tree Acquatic Centre Swim in the 50m heated pool (hoist access available). Entry fee applies. </div>	<div>Cotton Tree Markets 7am-12pm. Located at King St, Maroochydore. Market with Arts, Crafts, Plants, Fashion, Jewellery, Health, Food & Produce </div>



Where to Vote: https://www.aec.gov.au/Voting/ways_to_vote/

Mini Golf: <https://maroochyriverminigolf.com.au/>

Park runs: <https://www.weekendnotes.com/wheres-the-best-parkrun-on-the-sunshine-coast/>

Mooloolaba Bowls: <https://clubmooloolaba.com.au/>

Big Kart Track: <https://www.bigkart.com.au/>

Cotton Tree Aquatic Centre: <https://www.sunshinecoast.qld.gov.au/experience-sunshine-coast/sports-and-leisure/aquatic-centres-and-pools/cotton-tree-aquatic-centre>

Caloundra Art Gallery: <https://gallery.sunshinecoast.qld.gov.au/exhibitions/local-contemporary-art-prize-2025>

Great Botanic Race: Printed copies available in office: <https://botanic-garden.sunshinecoast.qld.gov.au/see-and-do/whats-on/great-botanic-race>

Beerwah Free movie: https://library.sunshinecoast.qld.gov.au/whats-on/beerwah-heart-cinema?utm_source=sunshine%2Bcoast%2Bcouncil&utm_medium=website

Nature Walks: <https://www.visitsunshinecoast.com/guide/a-guide-to-the-sunshine-coasts-walking-trails>

Learn to travel through your supports: <https://www.queenslandsavers.qld.gov.au/tips-to-save/50-cent-public-transport-fares#:~:text=The%2050%20cent%20flat%20rate,Find%20out%20more%20at%20Translink.>

Markets - <https://www.visitsunshinecoast.com/guide/sunshine-coast-markets>

Sunshine Coast Falcons: <https://www.sunshinecoaststadium.com.au/>

Important Information:

~ Items highlighted in **colour** represent services we can facilitate and organise, while those in black are excellent suggestions for the month.

~Please bring a companion card if you have one to all paid events.

~Remember water bottle, hat and sunscreen for all outdoor adventures.

~Call the office to confirm your attendance for any activity or follow the links above to book ticket events in advance to not miss out.